



West Hill Primary School

Newsletter 10th October 2025

Note from the Headteacher

Dear Parents and Carers,

The children have enjoyed a busy week with lots of learning, and a focus on Wellbeing. How lovely it was to see everyone across the school dressed up today for 'Hello Yellow' to raise money for Young Minds today. Thank you for all of your contributions both online and on the day.

'Thank you' to Kara Green for her input with every class on Wednesday, helping the children develop strategies to put in their 'wellbeing toolkit'. I know both staff and pupils reported feeling relaxed after her assembly in the morning.

I enjoyed accompanying Mrs Schulz and Class 6 to The King's School to take part in curling and boccia. Boccia in particular was great fun - what a brilliant Paralympic sport.

This week, the school has signed up to an Online Safety newsletter package featuring up-to-date information on all things relating to online safety. This also includes online training for staff and parents, so watch this space!

I cannot believe how fast this first half term is flying by and that there are only two weeks until half-term. I hope as many of you as possible are able to attend parents evening on the 21st and 23rd October to find out how your child has settled.

Warmest wishes,
Mr Pantling – Acting Headteacher

Book Fair

Thank you so much to everyone for supporting our Book Fair last week! Your generous support has resulted in a whopping...

£400 worth of brand-new books
for our school library!

If you are waiting for books you ordered via a wish list, these will be delivered to the school by the middle of next week, so will go home with children by the end of next week.

Thank you for your patience

This week in our school!

Reception Class

Reception Class have been learning all about 'toys' as part of our 'Amazing Me' topic.

This week we have had our very own Toy Museum in the classroom, including Mrs Powley's grandpa's teddy which is 110 years old!



Class 1

In geography, Class 1 were using compass points and directional vocabulary to identify where things were around the school grounds.

Class 2 & Class 3

As part of Mental Health Week, Year 2 and Year 3 took part in a calming yoga and mindfulness session led by Kara Green. The children really enjoyed taking time to relax and focus on their wellbeing.



Class 4

Class 4 enjoyed a yoga session with Kara on Wednesday and commented about it saying:

"I give the yoga 5 stars and it made me feel really calm."

"It made me feel really relaxed and there were no worries in my way."

"When I was laying on my back I felt really still and I nearly drifted off to sleep."

"It made my thoughts go away."



Class 5

Year 5 have been starting to sort out their class assembly this week. We have looked and chosen various parts and are super excited to practise over the coming week and can't wait to perform to year 5 parents and carers on the 22nd October. In maths, we have been working super hard again this week learning about fractions and have worked with great accuracy and attention to detail to master finding fractions of amounts, order fractions and create fraction sequences. Another super week!

Class 6

On Tuesday, Class 6 went to King's for a Boccia and Curling event. We really enjoyed spending time with the Sports Leaders, who were really kind and helpful. Curling was fun but tricky to hit the target! Compared to when we tried these activities in Year 5, we feel like we have really improved. Some of us even received stickers for demonstrating the sports values.

Written by Daniel and Sophia M



Info for the grown-ups

School Photos

A reminder that next week, all children will have individual and sibling photographs on Wednesday 15th October.

Secondary school applications

The admissions portal is now open for families with children in Year 6 to submit their applications for secondary school places. Families can apply online by visiting: www.devon.gov.uk/admissionsonline. **The deadline for applications is 31st October 2025.**

Harvest Festival Thank You

I am writing to thank you as a school for organising the donations and to your staff, pupils and their families for their generous support. Your donations will keep us well stocked for a good while. The folk who use the food bank are very grateful for the support they receive in difficult circumstances.

Chris - OSM Food Bank

Headlice

We have had some confirmed cases of headlice in school. Please be vigilant and let the school office know if your child has headlice so we can anonymously notify other parents from your year group and provide advice for treatment. Please don't be embarrassed at all, it's unfortunate, but a reality of having children!

Senso Cloud

As part of ongoing commitment to online safety in school, we have invested in a new filtering and monitoring system which will sit on top of the existing filters put in place by South West Grid for Learning. This software will also enhance our in-class practice, with teachers able to see all Chromebook screens in use by their class simultaneously, with the facility to control or blank them as necessary. Click [here](#) to find out more.

Job Vacancy

We are looking to appoint a fantastic mealtime assistant working 12 noon until 1:15pm. We could be flexible about days and would ensure a full induction and training. Please contact the school office if this is something you would be interested in, or for more information.

Mr Martin

Mr Martin has raised over £500 towards his fundraising target already! Thank you so much to anyone who has donated to help support him on his bid to raise £2,000 when he runs the 2026 London Marathon!



Mr Martin is running the 2026 London Marathon! What an amazing endeavour!

"I am running the London Marathon for Contact, a charity which supports disabled children and their families. My Enthuse charity page can be accessed [here](#) or can be via the QR code. Any support and donations are very welcome!"



Mental Health Matters

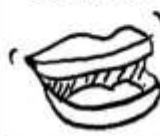
This week began with Mr Pantling's assembly all about mental health. I also set the children a challenge to complete as many of the below activities as possible during the week:

Wellbeing Bingo

Play our wellbeing bingo by crossing off the activities you've done in the last week. You can also add your own ways that you look after your wellbeing to the blank squares.

In the past week I have...

add your own

Made sure to rest 	Spent time with family/friends 	Listened to my favorite songs 	
Spent time outdoors 	Read a good book 	Watched a great movie/TV show 	Eaten something delicious 
Exercised 	Stayed hydrated 	Drawn a picture 	Had a good laugh 
	Danced 	Looked after myself 	Explored a new place 

add your own

Illustrations by Jen Springall

These are all great ways to support our wellbeing and mental health, and of course apply to adults just as much as children! I will be the first to admit that I have to make a conscious effort to take time for my own wellbeing - something that isn't easy with two young children. But it is so important for our mental health to do just that.

On Wednesday, we were joined by Kara Green, who led an assembly for the whole school, followed by yoga workshops for each class. Thank you to Kara for providing the children with this brilliant opportunity; they thoroughly enjoyed it.

Today, we came together for an assembly focused on mental health. We looked at positive ways to support our mental health, as well as how important it is to talk to someone if we are feeling sad. Each child has also taken part in a mental health-based activity with their class throughout the day.

All in all, it's been a busy, yet very valuable week in school. I hope you enjoy a restful weekend. Perhaps you could choose an activity from the wellbeing bingo to complete as a family!



Hello Yellow!

Wow - what an incredible day it has been! Thank you so much for your support in our first year of supporting YoungMinds in their Hello Yellow campaign. It was such an uplifting sight seeing a sea of yellow in assembly this morning. And you certainly didn't disappoint with the accessories for staff!

Thank you also for your generous donations to YoungMinds. We will update you with the total raised in next week's newsletter. Please bring any last-minute donations to the school office by Monday. You can also donate using this link <https://fundraise.youngminds.org.uk/s/3265/3267>

Dates for your diary

Wednesday 15th October

School photo day, individual photos
Reception class village walk
Black History Day

Friday 17th October

Reception Class Vision Screening

Tuesday 21st October

Parents evening
Y1 & Y2 trip Leap Then Look

Wednesday 22nd October

Y5 sharing assembly 10am

Thursday 23rd October

Y1 & Y2 Animals 2U visit

Friday 24th October

Parents evening
Seasonal flu vaccinations
Whole school Dance Workshop
PTFA Halloween Disco
Last day of half term

Half term – Children return to school Monday 3rd November 2025

w/c 10th November

Anti-bullying week

Tuesday 11th November

Y5 & Y6 Megawatt Workshop

Saturday 15th November

PTFA Winter Party

Tuesday 18th November

Y6 PGL parent information meeting

Friday 21st November

Children In Need

Thursday 27th November

Teachers Rock choir at Exeter Cathedral

Friday 28th November

Y3 & Y4 Christingle Service

Wednesday 3rd December

Y4 sharing assembly 10am

Wednesday 10th December

Reception, Y1 & Y2 Nativity performance 2pm

Friday 12th December

Reception, Y1 & Y2 Nativity performance 10am

Wednesday 17th December

Christmas lunch and Christmas Jumper Day

Friday 19th December

Last day of term

WEST HILL PRIMARY SCHOOL PTFA



WINTER *Party*

BUFFET, BAR
RAFFLE
LIVE MUSIC

NOV **15** | **1900 PM**
DOORS
OPEN | ENTRY
£50

WEST HILL VILLAGE HALL, BEECH PARK, WEST HILL
GET YOUR TICKETS NOW!



<https://pay.sumup.com/b2c/QLX17ETO>

Join us

Tickets £2 Per
Child. Payment
To Be Made Via
Scopay No Later
Than Thursday
16th October



FOR BOOGIE FEET AND SUGARY TREATS
AT THE WEST HILL VILLAGE HALL

West Hill Primary School
PTFA Halloween Disco!
ON

FRIDAY 24TH OCTOBER 2025

Time: KS1 4pm-5pm
KS2 5:30pm-7pm

Sweet
Bags £2
Bottled
Drinks £1
Cash Only
Please

OTTERY ST MARY SOCCER SCHOOL

WHERE?
OTTERY LEISURE
CADHAY LN., OTTERY SAINT
MARY EX11 1QW
WHEN?
27TH & 28TH OCTOBER
WHO?
AGES 5-12 YEARS OLD

BOOK ONLINE TODAY

[Click here to book.](#)



#SAINTSSW

SAINTS SOUTHWEST

ST JOHN'S SCHOOL
Multi Activity Camps

Children can come dressed for halloween on Friday 31st October!

Ofsted Registered

ST JOHN'S SCHOOL, SIDMOUTH
27th - 31st October

Ages 5 - 12 years
8.15am - 5.15pm

6+ activities planned every day

BOOK NOW
www.sportystars.co.uk

Children & Family Health Devon



WHO WE ARE?

We are a group of professionals including psychologists, psychiatrists, occupational therapists, speech and language therapists, physiotherapists, nurses, administrative support and many other professions.

WHAT WE DO?

CFHD provides integrated, specialist care across physical and mental health for children, young people and their families in Devon and Torbay.

WHO CAN GET HELP?

Anyone aged under 18 who lives in Devon (excluding Plymouth) and Torbay can get specialist care from CFHD.

GET IN TOUCH

Single Point of Access Team

t: 0330 0245 321
e: CFHD.DevonSPA@nhs.net

www.childrenandfamilyhealthdevon.nhs.uk

Children & Family Health Devon

REQUESTING HELP FROM CFHD

Anyone aged under 18 who lives in Devon (excluding Plymouth) can get specialist care from CFHD. To get help from CFHD you will need a referral. A referral is the way to ask to see an NHS specialist.

If you need urgent help there are lots of places that offer instant access support over the phone, by text or online.

WHAT ARE PATHWAYS OF CARE

After we've received a referral, our experts decide whether the child or young person needs specialist care from CFHD.

If they do, the child or young person and their family will receive care from one or more CFHD Pathways depending on their particular needs.

Each Pathway covers a particular set of issues. Healthcare specialists work together within each Pathway to provide the best care and support.

CFHD PATHWAYS OF CARE

- Urgent Care
- Speech, Language and Communication
- Physical and Sensory
- Community Children's Nursing
- Neurodiversity
- Business Support and Single Point of Access
- Early Child Development
- Specialist Learning Disability
- Addressing adverse childhood experiences
- Mental Health Support Team
- Mood, Emotions and Relationships
- Eating Disorders

VISIT OUR WEBSITE FOR
MORE INFORMATION



THE FRIENDLY GHOST RETURNS TO THEATERS

THE BEEHIVE CINEMA, HONITON



30TH ANNIVERSARY

TUESDAY 28 OCTOBER AT 11AM



TICKETS: ADULT £6. UNDER 12'S £5.
FAMILY OF 4 £20

IN THIS 1995 CLASSIC, AN AFTERLIFE THERAPIST AND HIS DAUGHTER MEET A FRIENDLY YOUNG GHOST WHEN THEY MOVE INTO A CRUMBLING MANSION IN ORDER TO RID THE PREMISES OF WICKED SPIRITS.

BOX OFFICE: 01404 384050
BEEHIVEHONITON.CO.UK

FREE
CREATIVE
WORKSHOP
FOR KIDS,
IN OUR CAFÉ!

HONITON
COMMUNITY
THEATRE
COMPANY
Youth

NODA
for every stage



Peter Pan
A Musical Play
by David Barrett

the beehive

30 OCT – 1 NOV 2025
beehivehoniton.co.uk 01404 384050

Thurs & Fri 7pm | Sat 2.30pm & 7pm | Tickets £12

This amazing production of 'Peter Pan (Revised)' is presented by arrangement with Canned Theatricals Ltd. on behalf of Samuel French Ltd. www.cannedtheatricals.co.uk. Photo: Andrew Crispin

West Hill Primary School

Beech Park, West Hill, Devon EX11 1UQ – 01404 812599 – admin@west-hill-primary.devon.sch.uk